Annual Report

2024-2025

Local Impact *for* Tomorrow

MISSION:

Partnering with our communities to improve the health and well-being of Fallon Park students and their families.

Leadership Message

The LIFT Center at Fallon Park Elementary School is a powerful testament to what can be achieved when we come together as a community. By uniting diverse strengths and shared purpose, the LIFT Center has become a vibrant hub of health and wellness in the heart of Southeast Roanoke. Under one welcoming roof, students and their families benefit from integrated pediatric and mental healthcare, enriched by health education, oral healthcare, supportive community resource connections and access to crucial social services. The LIFT Center helps close gaps in access to care and creates pathways for families to reach their full potential. As detailed in this report, the LIFT Center's success is founded on the collaboration of many. Our collective efforts demonstrate that real, lasting change happens when organizations work together to uphold a holistic vision where children and families can truly thrive.

Polly Raible, LIFT Leadership Chair, Delta Dental of Virginia Foundation

Collaboration with community partners has been the key to providing a holistic blend of support and services at the LIFT Center. **Learn more about some of our biggest accomplishments in 2024-2025.**

ACCESS TO CLINICAL AND DENTAL CARE

Our student health clinic saw 74% more students than the previous year. The clinic—managed by Carilion Children's—serves all Roanoke City Public Schools (RCPS) students through sick care, well checks, immunizations and school and sports physicals. A pediatric nurse practitioner is on site weekdays year-round,

supported by a registered nurse. Additionally, 289 Fallon Park students received preventive oral and dental healthcare, including exams, cleanings, x-rays, fillings and extractions.

692 RCPS student pediatric visits

289 Fallon Park students received preventive dental care

MENTAL HEALTH SUPPORT

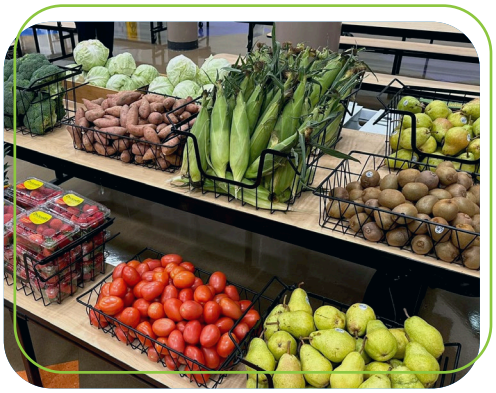
A Tree Planted Collective supported Fallon Park with 7 mental health clinicians who saw students both in groups and individually. Together with parents and school counselors, they identified each child's unique needs and tailored services accordingly. Clinicians partnered closely with the school system during times of transition, offering training and direct assistance to faculty and aides. These efforts helped strengthen the school's capacity to respond to student needs and created smoother, more effective processes for staff and students.

92 Fallon Park students worked with mental health counselors

472 group and individual sessions held to improve emotional and behavioral health skills

COMMUNITY ENGAGEMENT

We hosted many opportunities for Fallon Park families to connect and share enriching experiences. "LIFT Up Tuesday" events provided free children's books and activities to foster healthy behaviors, including a healthy cooking workshop, family yoga class, creative storytelling and puppet-making workshops and a visit with animals from the Mill Mountain Zoo! Free hot meals, produce, groceries and cooking supplies were provided by Feeding Southwest Virginia.



100+ LIFT Up Tuesday event participants

HEALTH RESOURCES AND EDUCATION

Carilion Clinic provided a bilingual community health worker who helped families apply for Medicaid and financial assistance, worked with individuals to set and reach health goals and assisted with accessing housing, transportation and food.

Carilion and Delta Dental health educators taught evidence-based, interactive curricula to students, families and staff during and after school.

Freedom First financial wellness counselors from the Financial Empowerment Center continued to be a vital resource for Fallon Park families, offering guidance and support through financial transitions. The team remains deeply committed to helping families build stronger financial futures—one conversation, one goal, one step at a time. They continue to work with Fallon Park families to reduce debt, create spending plans and build credit.

318 families worked with a community health worker

Stacks of children's books offered to Fallon Park families at LIFT Up Tuesday.

Want to Help?

Donate or volunteer!
Visit our website or scan the QR code to get started.

liftcenterfallonpark.org

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