



LIFT UP



TUESDAYS

Sep 24 - Nov 12
6pm - 7:30pm

Tuesday evenings at Fallon Park Elementary School
Free dinner and activities for Fallon Park Elementary School families
MUST SIGN UP in advance!

SIGN UP!
required

Something fun every week:
Mill Mountain Zoo animal encounters - Kids
Square Express - Family cooking fun - Family
yoga by Uttara - Arts and craft projects and
performances - YMCA family "field day"



**EAT, MAKE
FRIENDS,
HAVE FUN!**



lift
CENTER

liftcenterfallonpark.org

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