



At Fallon Park Elementary School



# Helping families thrive.

540-855-3900

502 19th Street SE  
Roanoke, VA 24013

[www.liftcenterfallonpark.org](http://www.liftcenterfallonpark.org)

## Student Clinic

The LIFT Center features a Carilion Children's clinic offering sick care, immunizations, sports physicals, and school entrance physicals for any RCPS student. The student clinic accepts most insurance. If you do not have insurance, we can help you apply.

## Mental Health Counseling

Our mental health counselors help Fallon Park students and their families learn to communicate better, reduce anxiety, cope with depression, heal from trauma, process grief, and create stronger bonds with people. Counseling services are provided by A Tree Planted Collective. Most insurance is accepted. Appointments are available at no cost for uninsured families.

## Community Health Worker

Our community health worker can help you meet basic needs, navigate the health care system, apply for Medicaid, and reach your health and wellness goals. There is no cost for this service from Carilion Clinic Community Health and Outreach.

## Financial Counseling

Free private financial counseling is available in person or over the phone. Learn to reduce debt, improve credit, budget, and save. Financial counseling is provided at no cost by the Roanoke Financial Empowerment Center.

## Events & Classes

LIFT Up Tuesdays feature free hot dinners and fun activities for Fallon Park families on Tuesdays at 6 p.m. this fall, beginning Sept 24. Sign up on our website!



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